

Objective:

To continue to teach healing & uplifting yoga & meditation in unique environs

RESUME HIGHLIGHTS

TEACHING

- **Yoga Teacher** (Since 2000)
 - *Lead Yoga Instructor (1.0 FTE)*. Four Seasons Resort Lanai (March 2018/current)
 - *Yoga teacher at Kalani Retreat Center, Big Island, HI* (2011-2016) Ongoing multiple weekly Practical Yoga (kundalini & hatha blend) classes offered.
 - *Private Individual and Group Instruction (2002-2011)*. Multiple classes in and around Los Angeles, as well as Portland, OR.
 - *Multnomah Athletic Club* (2007-2010). Exclusive membership clientele, Portland, OR
- **Yoga Retreat Leader:** Since December 2011, Will has guided over 300+ students through 19 yoga retreats at Kalani (Big Island, HI), including the yearly sell-out week, *Holiday Yoga Retreat*. Countless glowing reviews - visit willspracticalyoga.com testimonials
- **Yoga in the Workplace Teacher** (2002-2004):
 - *Cedars-Sinai Medical Center (Cancer Center Intensive Care Staff)*;
 - *City of Hope (Cancer Center Staff)*
 - *Natural History Museum of Los Angeles County (Staff)*
- **TV Co-Host/Producer/Creator:** *Guru2Go* on fitTV (2004). National yoga-reality television series, *Discovery Communications/fitTV*,
 - 15 one-hour episodes
 - Co-created concept
 - Pitched and sold show
 - Lead writer for series
 - Pre-produced and assisted with production during filming
 - Co-hosted series
- **Featured Host/Celebrity Teacher:** *Beach Ready Boot Camp* (2006). National campaign, a partnership with Time Warner/AOL *Diet & Fitness*
- **Official Yoga Teacher:** *Cannes International Film Festival* (2005), American Pavilion

WRITER/PRODUCER

- **Inspirational Yogi Essayist:** SpiritualityHealth.com, blog: *Confessions of an Accidental Yogi*, 2012-2015
- **Inspirational Book Author:** *Practical Yoga's Wisdom for Everyday People: Essays & Inspiration for Life* (2017) - book available through amazon.com
- **Lead Creative Developer/Owner:** *PracticalYoga.tv* wellness & fitness website. (2007-2011) Yoga & wellness content creation and newsletter distribution (*Yoga for Every Body* daily newsletter/350k subscribers), a partnership with Waterfront Media/EverydayHealth.com
- **Lead Creative Fitness & Wellness Producer:** *Yoga for Every Body* daily e-newsletter (2007-9), a partnership with EverydayHealth.com (subscriber base: 350,000/daily)
- **Co-founder/Producer:** *Spirit Trainers Productions* 2001-2010. Yoga in the Workplace program; Reality TV show
- **Producer & Host, Popular Yoga Workout DVD:** *Practical Yoga for Everyday People*
- **Teacher in Top LA Yoga Studios:** in Los Angeles, including *Golden Bridge Yoga Center*

EDUCATION/CERTIFICATION/TRAINING

- **Anti-Gravity Aerial Yoga, Level 1 teaching certification, February, 2018**
- **YogaWorks™ trained & certified, 200 hours. Yoga Alliance approved. 2013**
- **Kundalini Research Institute (KRI) trained & certified, 200 hours, Golden Bridge Los Angeles, Yoga Alliance approved. 2000**
- **Sacred Movement (Santa Monica, CA) Hatha Teacher's Training, 38 hours, 2003**
- **Bachelor of Liberal Arts, Hillsdale College, MI**

References

Upon Request

ADDENDUM

For **video clips** from Will's television show, yoga DVD and book, visit willspracticalyoga.com/resume